

Venue

Spokane Valley Event Center
10514 E Sprague Ave
Spokane Valley, WA 99206

Event will also be available streamed live on Zoom.

Accommodations

Comfort Inn and Suites - \$99 per night call
509.926.7432 and request the Pain Conference rate.

Accreditation



◆ 14 AMA PRA Category 1 Credits™

- ◆ 14 MOC points for the ABIM MOC Program
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ 14 CE contact hours for the Washington State Board of Nursing.
- ◆ Approved for a total of 5 NP Pharmacology hours. (Fri.-5)
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ 14 equivalent CE credits for ANCC recertification
- ◆ Washington DC's - DC can review course and if course is relevant to their practice credits will be accepted.
- ◆ Washington PT's - PT can review course and if course is relevant to their practice, credits will be accepted.
- ◆ Idaho State DC's - Application submitted - 14 pending
- ◆ Idaho State PT's - Application submitted - 14 pending
- ◆ Pharmacists - If you want ACPE credits, please contact me at least 3 weeks in advance

Questions

General Questions: Diane Russo - 509-989-9800
russocme1@gmail.com

Accreditation Questions/Registration

Melissa Neighbors 509-431-0718
russocme@gmail.com

www.RussoCME.com

Faculty Speakers

Sai Alla, MD
Board-eligible anesthesiologist &
fellowship in pain management
Axis Spine
Post Falls, ID

Daniel J Blizzard MD,
Board Cert:: Orthopedic Surgery
Axis Spine
Post Falls, ID

Dawn E. DeWitt BA, MSc, MD
Elson S. Floyd College of Medicine
Washington State University
Spokane, WA

David Glassman, MD
Board Cert: ABOS
Axis Spine
Post Falls, Idaho

Johanna Golke, PA-C, IHP
Integrative Medicine NW
Spokane, WA & Coeur d'Alene, ID

J. Sorin Ispirescu, MD
Board Cert: Pain Management
and Anesthesiology
Idaho Pain Clinic
Sandpoint, Idaho

Jessica Jameson MD, FASA
Interventional Pain Physician
Axis Spine Center
Post Falls, ID

Roland S. Kent, MD
Board Cert: American Board
of Orthopedic Surgery
Axis Spine Center
Post Falls, Idaho

Ivanka Kuran, DPT
Board Cert:: Orthopedics,
and Manual Therapy
Axis Spine Center
Post Falls, Idaho

Matthew E. Layton, MD, PhD
Board Cert: American Board of
Psychiatry and Neurology
Washington State University
Spokane, WA

Jamie Lewis, MD
Board Cert: Physical Medicine
and Rehab, Pain Medicine
Northwest Spine and Pain Medicine
Spokane, WA

Scott Magnuson, MD
Board Cert: Anesthesiology,
Pain Medicine
Sub-specialty: Pain Management
Pain Management of North Idaho
Coeur D'Alene, ID

Alyna R. Ohanian, PhD
Clinical Psychologist
Northwest Spine and Pain Medicine:
Psychology Department
Spokane, WA

Lynda Williamson, DO
Board Certification: Family Medicine
Tonasket, WA

Marian Wilson, PhD, MPH, RN, PMGT-BC
Associate Professor
WSU College of Nursing
Spokane, WA

*This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credit(s).

Fall/Winter Conferences

Olympic Peninsula Medical Conference
- Live & Virtual - November 3 & 4 2023

NW Primary Care Conference
- Virtual - December 1 & 2, 2023

Wenatchee Cardiac Symposium
-Live & Virtual - February 9 & 10, 2024

Registration at russocme.com

Non Profit
US Postage Paid
Spokane, WA
Permit 28



700 S Main St
Moscow, ID 83843

14 AMA PRA Category 1 Credits™
Continuing Medical Education



Meets the new DEA Requirement for
8 hours of CME training on Opioids

Spokane Pain Conference

14 AMA PRA Category 1 Credits™
Continuing Medical Education

In Person, Live Stream
& Recorded Options

October 27 & 28, 2023

Early Registration: Sept. 29, 2023
Regular Registration: Oct. 18, 2023

www.RussoCME.com

Friday, October 27

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Aberrant Behavior in Chronic Opioid Analgesic Therapy | Jamie Lewis, MD**
 - Identify ways to identify Aberrant behaviors
 - Understand how aberrant behavior affects risk
 - Develop Strategies to help mitigate risk
- 9:00AM Advances in Neuromodulation**
Jeffery Ispirescu, MD
 - Introducing Neuromodulation
 - Recent advances
 - Neuromodulation's impact on patient lives
- 10:00 AM Break/Exhibits**
- 10:20AM Opioid Basics: Pharmacology and Clinical Update**
Matthew Layton, MD
 - Distribution and function of human opioid receptors
 - Actions of endogenous opioids vs natural and synthetic opioid agonists, partial agonists, and antagonists
 - Clinical presentations and treatment of OUD
- 11:20AM Update on Opioid Management**
Scott Magnuson, MD
 - ID and WA guidelines for opioid management
 - Opioid treatment continuum of chronic pain
 - Assess management and how to terminate opioid therapy
- 12:20PM Lunch Break/Exhibits**
- 1:15 PM PT as a treatment option for Opioid/Substance Abuse**
Ivanka Kuran, DPT
 - Recognize clients suitable for PT intervention
 - Components of PT as part of PT program
 - How to order PT for Opioid/Substance Abuse
- 2:15 PM Brief Psychological Interventions to Prevent Opioid Abuse.**
Alyna Ohanian, PhD
 - Background on brief psychological interventions for chronic pain • Case Studies • Demonstrate interventions
- 3:15 PM Afternoon Break/Exhibits**
- 3:30 PM Buprenorphine and Opioid Use Disorder**
Sai Alla, MD
 - Pharmacology, pharmacodynamics and pharmacokinetics of buprenorphine
 - Identifying and initiating buprenorphine therapy
 - Medications and formulations currently on the market
- 4:30 PM Proactive Strategies to Reduce Risk for Opioids**
Dawn E. DeWitt, MD and Marian Wilson, PhD, MPH
 - Evaluate risk of substance misuse and substance use disorder for an adult prescribed opioids for chronic pain
 - Design a plan of care using current, evidence-based treatment principles and guidelines for substance use disorder (SUD).
- 5:30 PM Conference Adjourned**

Saturday, October 28

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Ok So You Have Low Back Pain: Now What?**
Jessica Jameson, MD
 - Potential causes for low back pain • Natural history of low back pain and the prevention strategies
 - Treatment option and indications
- 9:00AM Lyme Disease the "Great Mimicker"**
Johanna Golke, PhD
 - Acute and chronic symptoms of Lyme Disease
 - Tickborne Coinfections and their symptoms
 - Diagnostic Tools • Case Studies of Chronic Lyme Disease and other Tickborne Coinfections
- 10:00 AM Break/Exhibits**
- 10:20AM Emerging Technology: Robots are Taking Over**
Daniel Blizzard, MD
 - Evolution of instrumentation in spine surgery from hooks/rods to screws/cages • Current state of navigation in spine surgery • Future directions of navigation and robotics
- 11:20AM Cervical and Lumbar Disc Replacement: Indications and Outcomes**
David Glassman, MD
 - Evaluation and indications • Procedure and technique
 - Outcomes and expectations
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM Opioid Analgesia Case Studies: Harm Reductions & Aberrancy in Legacy Patients**
Lynda Williamson, DO
 - Define aberrancy for this clinical context
 - Identify elements of aberrancy, patient risk
 - Describe three strategies for harm reduction for patients using opioid analgesia
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Total Posterior Spine Facet Replacement FDA Investigational Device Exemption Study**
Roland Kent, MD
 - Anatomy and rationale behind facet replacement • Ideal patient for facet replacements -signs and symptoms
 - Results of the facet replacement compared to fusion
- 3:30 PM Conference Ends**

Conference Objectives

After this conference, attendees will be able to better prevent and treat opioid use disorder and other substance use disorders. Provider will have a better understanding in managing pain patients, and differentiating pain treatments.

Educational Supporters



NORTHWEST
SPINE & PAIN MEDICINE



Idaho Pain Clinic

Registration Information



Complete and mail in the attached registration form or



Register online at www.russocme.com

- **Early Registration** must be post marked by September 29.
- **Regular Registration** must be post marked by October 18.
- **Day of Registration Welcome.** Additional \$20 for registration day of or postmarked after Oct. 19.

Cancellations: All cancellations need to be emailed to Melissa at russocme@gmail.com on or before October 23. There will be a \$50 administration fee withheld. Between October 23 and October 26, you can send someone in your place, sign up for the recording to watch later or transfer with a \$50 admin fee to another conference within 12 months. No refunds once the conference begins.

Registration Form

Spokane Pain Conference 2023

Please print legibly. Receipts will be e-mailed.

Name: _____

Degree: _____ Specialty: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Clinic Name: _____

Clinic City: _____

Attending in Person Attending Virtually

Accredited Recording

Walk in or day of registration available. An Additional \$20 will be charged if post marked after Oct. 19.

Regular Registration Due: Oct. 18, 2023

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$430	\$405	\$280
Friday Only	\$285	\$255	\$185
Saturday Only	\$285	\$255	\$185

*PT, DC, OD, PharmD, ND, residents **Students \$75 a day

Early Registration Due: Sept. 29, 2023

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$415	\$390	\$265
Friday Only	\$270	\$240	\$170
Saturday Only	\$270	\$240	\$170

Please make checks payable to **RussoCME**

Mail completed form with your check to:

Melissa Neighbors
PO Box 1773
Eastsound, WA 98245