

## Venue

### Red Lion Hotel Columbia Center Kennewick

1101 N Columbia Center Blvd,  
Kennewick, WA 99336

**Hotel rate: \$114 - mention your attending conference | 509-783-0611**

Conference will also be available streamed live on Zoom or a recording for those who can't make the date.

### Accreditation



- ◆ This live activity is accredited for 15 AMA PRA Category 1 Credits.™\*
- ◆ 15 MOC points for the ABIM MOC Program
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ Approved for a total of 4 NP Pharmacology hours. (Fri.-2 & Sat. - 2)
- ◆ Approved by Washington State Board of Pharmacy for 15 Pharmacist CE Hours.
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ ANCC accepts these credits as equivalent credits for recertification.
- ◆ 15 CE contact hours for Washington State Nursing Commission.



### Questions

Melissa Neighbors

russocme@gmail.com or 509-431-0718

## Faculty Speakers

**Jae Won Bae, Ph.D**  
Lifestyle Chiropractic and Massage  
Richland, WA

**Jacob Caylor, MD**  
Board Certification: Anesthesiology  
Northwest Pain Care  
Spokane, WA

**Raul Garcia, DO**  
Emergency Medicine  
Lourdes Medical Center  
Pasco, WA

**Denys Goloshchapor, MD**  
Board Cert: Anesthesiology  
and Pain Medicine  
Lynx Healthcare  
Spokane and Kennewick, WA

**John Groner, MD**  
Board Cert: Physical Medicine  
& Rehabilitation  
Revitalize Spine and Sports Care  
Richland, WA

**Andrew Friedman, MD**  
Board Cert: Physical Medicine  
& Rehabilitation and Pain Medicine  
Virginia Mason  
Seattle, WA

**Stewart M. Kerr, M.D.**  
Board Cert: Orthopedic Surgeon  
Specialties: Neck, Spine & Fracture  
Surgery; Joint Replacement  
Orthopedic Specialists of Seattle  
Seattle, WA

**Katie Krause, MD**  
Board Cert: Neurosurgery  
Virginia Masan  
Seattle, WA

**Irene Luc DPT, OCS, TPS, A-RSP**  
Board Cert: Orthopedic Clinical  
Specialist, Certified Anxiety  
Rehabilitation Service Provider  
Mind Door, LLC  
Kennewick, WA

**Brian Mitchel, DO**  
Board Cert: Otolaryngology Head  
and Neck Surgery  
Rockwood/Multi-Care  
Spokane, WA

**Venu Nemani, MD**  
Board Cert: Orthopedic Surgery  
Virginia Masan  
Seattle, WA

**Philip Louie, MD**  
Board Eligible: Orthopedic Surgery  
Virginia Mason Medical Center  
Seattle, WA

**Anita Showalter, DO**  
Board Cert: OB/GYN  
New Life Clinic  
Zilla and Yakima, WA

**Josh Walkenhorst, DPT**  
Peak Performance  
Richland, WA

\* This live activity has been planned and implemented in accordance with accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide Continuing Medical Education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credits.

### Virtual Spring CME Conference

Palouse Clearwater Medical Conference  
May 20-21 2022

More information at russocme.com

Non Profit  
US Postage Paid  
Permit 307  
Moscow, ID

Gritman  
700 S Main St  
Moscow, ID 83843

Tri Cities Pain Conference

15 AMA PRA Category 1 Credits™  
Continuing Medical Education



In person &  
Virtually Streamed

# Tri-Cities Pain Conference

15 AMA PRA Category 1 Credits™  
Continuing Medical Education



April 29 & 30, 2022  
Kennewick, WA

Early Registration : April 1, 2022  
Regular Registration: April 20, 2022

www.RussoCME.com

## Friday, April 29, 2022

- 7:30AM Registration/Exhibits**  
**7:50AM Introduction**  
**8:00AM Applied Neuroscience Technology for Chronic Pain**  
**Irene Luc, DPT, TPS, OCS**  
 • Neuroscience application to reconnect the brain & body  
 • Neurofeedback and it's role in helping chronic symptoms.  
 • How technology enhances learning
- 9:00AM Back Pain in the Emergency Department**  
**Raul Garcia, DO**  
 • Evaluation  
 • Differential diagnosis  
 • Treatment options
- 10:00 AM Break/Exhibits**  
**10:20AM Benefits of Full Comprehensive Pain Management**  
**Denys Goloshchapor, MD**  
 • Medical management  
 • Procedural option  
 • Advanced pain management
- 11:20AM Pain Complaints in the ENT World**  
**Brian Mitchell, DO**  
 • Forms of otalgia and referred otalgia  
 • Pain complaints that can represent potential cancer presentation  
 • Chronic pain syndromes that present with painful swallowing
- 12:20PM Lunch Break/Exhibits**  
**1:15 PM The Opioid-Sparing Effect of Neuromodulation and ITDD | Jacob Caylor, MD**  
 • Neuromodulation and ITDD for chronic pain  
 • Optimal candidates for advanced therapies  
 • Opioid dose reduction before/after therapy initiation
- 2:15 PM Pelvic Pain: Confronting Diagnostic Challenges**  
**Anita Showalter, DO**  
 • Etiologies and work up  
 • Signs and symptoms that may indicate somatic dysfunction as the etiology  
 • Osteopathic principles for chronic pelvic pain
- 3:15 PM Afternoon Break/Exhibits**  
**3:30 PM Oriental Medicine in the Clinical Practice**  
**Jae Won Bae, Ph.D**  
 • Terminology  
 • Anatomy and pathology in Oriental Medicine  
 • How does acupuncture work?
- 4:30 PM Pain - P.T. and the Role of Neuroscience Education | Josh Walkenhorst, DPT**  
 • Relationship that cognition has to pain and disability  
 • Importance of avoiding threatening language or terminology  
 • Role of patient education in pain management
- 5:30 PM Conference Adjourned**

## Saturday, April 30, 2022

- 7:30AM Registration/Exhibits**  
**7:50AM Introduction**  
**8:00AM Achieving Victory in Neck and Spinal Surgery**  
**Stewart M. Kerr, M.D**  
 • Clinical pathways for work-up and management of common neck and spinal conditions  
 • Indications for neck and spinal surgery  
 • Success strategies
- 9:00AM Cervical Radiculopathy: Evaluation and Treatment | Philip Louie, MD**  
 • Relevant anatomy related to cervical radiculopathy  
 • Proper workup and evaluation  
 • Principles of non-operative and surgical interventions  
 • When to refer
- 10:00 AM Break/Exhibits**  
**10:20AM Surgical Approach to Cervical and Lumbar Pathology | Katie Krause, MD**  
 • Review cervical fusion  
 • Review lumbar fusion  
 • Management of common post-operative problems
- 11:20AM The Myth of Failed Back Surgery Syndrome**  
**Venu Nemani, MD**  
 • Indications for lumbar decompressive and lumbar spinal fusion  
 • Why some patients have higher risk for poor outcomes  
 • Candidates for revision spinal reconstructive  
 • Referring to complex spine surgeons vs non-surgical spine specialists.
- 12:20 PM Lunch Break/Exhibits**  
**1:15 PM Evaluation and treatment of Neck, Back and Hip pain | Andrew Friedman, MD**  
 • Common presentation of neck pain and management  
 • Initial management of low back complaints and indications for referral to specialists.  
 • Common presentations of hip and sacroiliac joint pain and their management
- 2:15 PM Afternoon Break/Exhibits**  
**2:30 PM The Differential Diagnoses of Back and Lower Extremity Pains | John Groner, MD**  
 • Differential Diagnoses of pain complaints  
 • How to narrow down the differential  
 • Treatment Options
- 3:30 PM Opioid Management: A Never Ending Story**  
**Ralph G Laraiso, DO**  
 • New rules and regulations • Importance of ancillary services  
 • Finding a way out
- 4:30 PM Conference Ends**

## Thank you to our Supporters



## Registration Information

- ✉ Complete and mail in the attached registration form or  
 🖱 Register online at [www.russocme.com](http://www.russocme.com)

- **Early Registration** must be post marked by April 1, 2022
- **Regular Registration** must be post marked by April 20, 2022
- **Day of Registration** available. Additional \$20 for registration day of or after April 20. For day of registration, link to conference page will be online at [russocme.com](http://russocme.com)

**Cancellations:** All cancellations need to be emailed to Melissa at [russocme@gmail.com](mailto:russocme@gmail.com) on or before April 20. There will be a \$50 administration fee withheld. Cancellations between April 21st and April 27: You can send someone in your place or transfer to another conference within 12 months. Course is planned to be recorded and accredited, option to watch course after the live event for credits. No refunds once the conference begins.

## Registration Form

Tri-Cities Pain Conference

Please print legibly. Receipts will be e-mailed.  
 Name: \_\_\_\_\_  
 Degree: \_\_\_\_\_ Specialty: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 E-mail: \_\_\_\_\_  
 Clinic Name: \_\_\_\_\_  
 Clinic City: \_\_\_\_\_

Walk in registration available. An Additional \$20 will be charged if post marked after April 20, 2022.

### Regular Registration Due: April 20, 2022

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$415	\$390	\$265
Friday Only	\$275	\$245	\$175
Saturday Only	\$275	\$245	\$175

\*PT, DC, OD, PharmD, ND, Other \*\*Students \$75 a day

### Early Registration Due: April 1, 2022

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$400	\$375	\$250
Friday Only	\$260	\$230	\$160
Saturday Only	\$260	\$230	\$160

Please make checks payable to **RussoCME**  
 Mail completed form with your check to:

**Melissa Neighbors**  
 225 NW Thomas Street  
 Pullman, WA 99163

For Official Use - Tri Cities 22-99

CH: \_\_\_\_\_ A: \_\_\_\_\_  
 C: \_\_\_\_\_ O: \_\_\_\_\_