

Olympic Peninsula Medical Conference November 11 & 12, 2022

Virginia Mason Franciscan Health Faculty Speakers

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Spokane, WA
Permit 28

Olympic Peninsula Medical Conference

November 11-12, 2022

Red Lion Hotel Port Angeles
221 N Lincoln St.,
Port Angeles, WA

In Person &
Virtually
Streamed

15 AMA PRA Category 1 Credits



Accreditation

15 AMA PRA Category 1 Credits™
15 MOC points for the ABIM MOC Program
Application for prescribed credit has been filed with the American Academy of Family Physicians.
Determination of credit is pending.
Approved for a total of 3 NP Pharmacology hours (Saturday- 3 hours)
15 ACPE Pharmacy CE hours will be provided
-See website for complete CE information.
Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
ANCC accepts these credits as equivalent credits for recertification
Credits will count towards RN & LPN CE Competency Compliance for Washington State.
15 CE contact hours for Washington State Nursing Commission

Accommodations

Attendees are responsible for reserving rooms. The following prices have been quoted at the Red Lion Hotel Port Angeles for conference attendees.
-Standard Rooms: \$107/night
-Premium Waterfront \$131/night

Questions

Melissa Neighbors 509-431-0718 russocme@gmail.com

*This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 15 hours of AMA PRA Category 1 Credit(s).

Christopher Baliga, MD
Board Certified: Infectious Diseases

Amy Brockmeyer MD, FACOG
Board Certified: Obstetrics and Gynecology

Michael Bennet MD, FACS, RPVI
Board Certified: Vascular Surgery

Justin Brandler, MD
Board Certified: Gastroenterology

Shanley Deal, MD
Board Certified: American Board of Surgery

Linda Hsu, MD
Board Certified: Urology

Jenny Kaplan, MD
Board Certified: Colorectal Surgery

Steven Kirtland, MD
Board Certified: Pulmonology

Uma Malhotra, MD
Board Certified: Infectious Diseases

Amir Sabzpoushan, MD
Board Certified: Sleep

Justin Penn MD, FACC
Board Certified: Cardiology

Asma Siddique, MD
Board Certified: Gastroenterology

Michael Sutters, MD
Board Certified: Nephrology

Hailu Tilahun, MD, FACC
Board Certified: Cardiology

Neil Wiegand, PA-C
Master of Clinical Health Sciences, University of Washington

Gritman
700 S Main St
Moscow, ID 83843

Olympic Peninsula
Medical Conference
November 11 & 12, 2022

Early registration savings
By October 14, 2022

15 AMA PRA Category 1 Credits

Conference Schedule

Friday, November 11, 2022 | 7:50AM TO 5:30PM

- 7:50am **Welcome & Introductions**
- 8:00am **Cardiovascular Imaging in the Evaluation of Chest Pain and Coronary Disease**
Justin Penn, MD
 - Identify patients
 - Differences in testing modalities
 - Initial treatment of suspected stable angina and coronary artery disease
- 9:00am **The Abnormal Pap: Updated Management Guidelines from the ASCCP and More...**
Amy Brockmeyer, MD
 - Why screening works & vaccination recommendations
 - ASCCP 2019 Consensus Guidelines and how to apply recommendations to your care
 - Racial determinants of cervical cancer incidence and mortality to allow ID action items that work for system change
- 10:00am **Break**
- 10:20am **Building Bridges to Bariatric Surgery**
Shanley Deal, MD
 - Strategies for meaningful conversation about weight loss
 - Pre and post operative primary care management of bariatric patients
 - Complications after surgery
- 11:20am **Evidence Based Vascular Surgery Practice**
Michael Bennett, MD
 - Data behind carotid revascularization
 - Data against revascularization for claudication
 - Limited resources stressed by Covid influence the practice of vascular surgery
- 12:20pm **Lunch Break**
- 1:15pm **Lung Cancer - New Ways to Treat an Old Disease**
Steve Kirtland, MD
 - Illustrate key specific advances & changes
 - Identify clinical & management issues related to lung cancer and COPD
- 2:15pm **Functional GI- Practical Approaches to Daunting Clinical Scenarios**
Justin Brandler, MD
 - Complex physiology underlying "functional" brain-gut disorders
 - Assessment/management of patients in a primary care
 - When to collaborate with Gastroenterologist

- 3:15pm **Break**
- 3:30pm **Screening for Anal Cancer for the Primary Care Provider**
Neil Wiegand, PA-C
 - Identify risk factors / screening criteria for anal cancer
 - Differentiate between anal Pap and high resolution anoscopy as tools for screening and surveillance
- 4:30pm **Fever of Unknown Origin**
Christopher Baliga MD
 - Identify the common causes of an FUO
 - Understand the workup for an FUO
 - Understand common treatment plans for an FUO

Saturday
November 12, 2022 | 7:50AM TO 4:30PM

- 7:50am **Welcome & Introductions**
- 8:00am **Salt and Hypertension**
Michael Sutters, MD
 - Physiology of sodium
 - Impact of excess salt intake
 - Recommended salt intake and public health strategies to reduce health costs of excess sodium intake
- 9:00am **Management of Microscopic Hematuria**
Linda Hsu, MD
 - Microscopic hematuria
 - Evaluation of hematuria
 - Update on the latest guidelines for microscopic hematuria
- 10:00am **Break**
- 10:20am **Sexually Transmitted Infections: The Old and the New, From Syphilis to Monkepox**
Uma Malhotra, MD
 - Epidemiology of common sexually transmitted infections (STIs) in the US
 - Risk factors and clinical manifestations of common STIs
 - Diagnose and manage common STIs
- 11:20am **Surgical Management of Diverticulitis**
Jenny Kaplan, MD
 - Surgical decision making for complicated and uncomplicated diverticulitis
 - New minimally invasive surgical techniques for sigmoid colectomy
 - Role for patient reported outcomes and clinical trial enrollment for patients with uncomplicated disease
- 12:30pm **Lunch Break**
- 1:15pm **Restless Leg Syndrome (RLS)**
Amir Sabzpoushan, MD
 - RLS definition, pathophysiology, risk factor
 - RLS clinical features
 - RLS management

- 2:15pm **Break**
- 2:30pm **A Silent Epidemic**
Asma Siddique, MD
 - Non-alcoholic fatty liver disease and its two subtypes
 - Scope of the problem, including in specific population subgroup
 - Diagnosis and treatment options
- 3:30pm **Updates in Heart Failure Management**
Hailu Tilahu, MD
 - Updates in HFpEF medical management
 - Updates in HFrEF medical management
 - Updates in medical management for CHF prevention
- 4:30pm **Conference Adjourned**

Registration Information

Early Registration Savings by Oct 14

Register online at www.russocme.com or

Complete and fax/email in the attached registration form

- **Early Registration** must be post marked by October 14, 2022
- **Regular Registration** must be post marked by November 2, 2022
- **Walk-in Registrations Welcome** addition \$20 fee.

All registrants will receive email confirmation. Final meeting details will be sent out 2-4 days prior to the meeting. If you have any questions, please email russocme@gmail.com.

Cancellations:
Cancellations: All cancellations need to be emailed to russocme@gmail.com by November 5. There will be a \$50 administration fee. Cancellations between November 6-10, you can send someone in your place or transfer to another conference within 12 months. Course is planned to be recorded and accredited, option to view course later. No refunds once the conference begins.

Registration Form

Olympic Peninsula Medical Conference
November 11-12, 2022

Please print legibly. Receipts will be e-mailed.

Name: _____

Degree: _____ Specialty: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Clinic Name: _____

Clinic City: _____

- Attending Live Request Virtual Stream
- Request accredited recording

Walk in or day of registration available. An Additional \$20 will be charged if post marked after Nov 2.

Regular Registration Due: Nov 2, 2022			
Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$415	\$390	\$265
Friday Only	\$275	\$245	\$175
Saturday Only	\$275	\$245	\$175

*PT, DC, OD, PharmD, ND, residents **Students \$75 a day

Early Registration Due: Oct. 14, 2022			
Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$400	\$375	\$250
Friday Only	\$260	\$230	\$160
Saturday Only	\$260	\$230	\$160

Please make checks payable to RussoCME
Mail completed form with your check to:

Melissa Neighbors
P.O. Box 1773
Eastsound, WA 98245