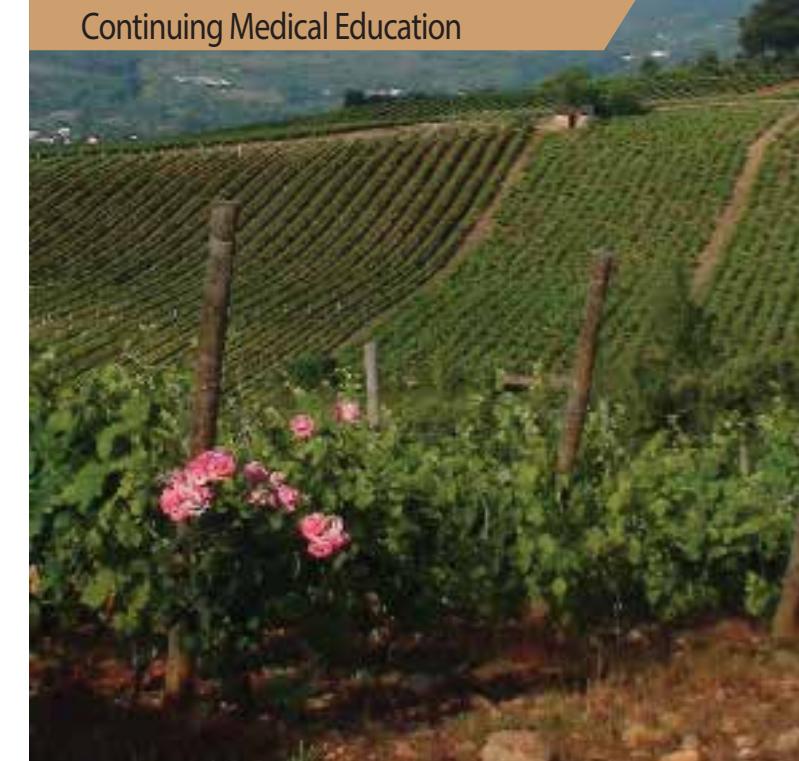


Yakima Valley Medical Conference

14 AMA PRA Category 1 Credits™
Continuing Medical Education



March 20 - March 21, 2026

Early Registration: February 20, 2026
Regular Registration: March 11, 2026

www.RussoCME.com

Faculty Speakers

Allison Bauer, MD
Board Cert: Internal Medicine, HIV
Blue Mountain Heart to Heart
Walla Walla, WA

Albert M. Brady, MD, FACP
Professor, Internal Medicine
Vice-Chair, Department of Medicine
Chair, Clinical Medicine
PNU of Health Sciences
Yakima, WA

Stuart Cardon, DPM
Board Cert: Forefoot Surgery,
Rearfoot/Ankle Surgery
Cascade Foot & Ankle
Yakima, WA

Tony Chen, MD
Board Cert: General Cardiology
Virginia Mason Franciscan Health
Seattle, WA

Sung Cho, MD
Board Cert: General Surgery
Overlake Medical Center
Bellevue, WA

Creighton Don, MD
Board Cert: Interventional Cardiology,
Internal Medicine
UW Medicine
Seattle, WA

John Eaton, MD
Board Cert: Neurology, Epilepsy
Overlake and Evergreen Hospitals
Bellevue, WA

Daniel Fosmire, MD
Board Cert: Neurology
Overlake and Evergreen Hospitals
Bellevue, WA

Sajal Kumar, MD
Board Cert: Internal Medicine, Nephrology
Nephrology Associates of Yakima
Yakima, WA

Jacklyn Lee, DO
Board Cert: Family Practice
Virginia Mason Franciscan Health
Seattle, WA

James Lord, MD, PhD
Board Cert: Internal Medicine
Subspecialty: Gastroenterology
Virginia Mason Franciscan Health
Seattle, WA

Mohan Mallipeddi, MD
Board Cert: Surgery
Virginia Mason Franciscan Health
Seattle, WA

Michael Mitchell, MD
Board Cert: Head and Neck Surgery
MultiCare Ear Nose & Throat
Yakima, WA

Val Simianu, MD
Board Cert: General Surgery,
Colon and Rectal Surgery
Virginia Mason Franciscan Health
Seattle, WA

Jamie Simmons, MD
Board Cert: Psychiatry, Neurology
Triumph Treatment Services
Yakima, WA

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Educational Support



UW Medicine
HEART INSTITUTE



700 S Main St
Moscow, ID 83843

Yakima Valley Medical Conference
14 AMA PRA Category 1 Credits™
Continuing Medical Education



Venue

In person in Yakima, live streamed
and or accredited recording available

March 20 - 21, 2026

Yakima Convention Center
10 N 8th St,
Yakima, WA 98901

Accommodation

Red Lion Hotel Yakima Center

Please mention you're attending the conference
for the rate quote below:

Room Rate
\$110 (509) 248-5900



- ◆ 14 AMA PRA Category 1 Credits™
- ◆ 14 MOC points for the ABIM MOC Program
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ Approved for a total of 7.5 NP Pharmacology hours. (Fri-4 and Sat. - 3.5)
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ 14 equivalent CE credits for ANCC recertification
- ◆ 14 CE contact hours for the Washington State Board of Nursing.

Spring Conferences

Wenatchee Medical Conference - January 30 & 31
Tri Cities Pain Conference - April 24 & 25

Registration: RussoCME.com

Questions:

Eliza McNelly | 509-592-5506 | info@russocme.com

Friday March 20, 2026

7:30AM	Registration/Exhibits
7:50AM	Introduction
8:00AM	Management of Various Types of Anemia Albert M. Brady, MD, FACP <ul style="list-style-type: none"> • New understanding of "normal" iron levels and recognize the importance iron beyond oxygen carrying capacity • Know how to identify deficiencies in pregnancy • Understand the complexity of anemia
9:00AM	Migraine Diagnosis and Treatment Daniel Fosmire, MD <ul style="list-style-type: none"> • Diagnosing migraine headaches using IHS criteria and clinical clues to aid in diagnosis • Understand acute and prophylactic treatment options for migraines • Be able to help patients recognize lifestyle changes to improve migraine control
10:00 AM	Break/Exhibits
10:20AM	Contemporary Management of IBD James Lord, MD <ul style="list-style-type: none"> • Understand how ulcerative colitis and Crohn's disease can each be characterized • Differentiate low and high risk IBD patients • Become familiar with the major medical treatments for IBD
11:20AM	Fentanyl in Yakima: Overdose and PCP Management Jamie Simmons, MD <ul style="list-style-type: none"> • Why fentanyl is driving unprecedented overdose risk in Yakima, including high-potency synthetic opioids • Tools to support patients using fentanyl • Connect patients actively using fentanyl to Yakima's continuum of care and treatment programs
12:20PM	Lunch Break/Exhibits
1:15 PM	Pathophysiology and Treatment of HFrEF Tony Chen, MD <ul style="list-style-type: none"> • Understand the pathophysiology of HFrEF • Understand the role of quadruple therapy • Understand the role of device therapy
2:15 PM	Afternoon Break/Exhibits
2:30 PM	Diabetic Foot Wounds Stuart Cardon, DPM <ul style="list-style-type: none"> • Circulation • Offloading • Nutrition and HgbA1C
3:30 PM	Contemporary Management of Diverticulitis Val Simianu, MD <ul style="list-style-type: none"> • Managing complicated diverticulitis • Strategies for personalizing outpatient medical management of uncomplicated diverticulitis • Surgery in improving quality of life for diverticulitis
4:30 PM	Conference Adjourned

Saturday March 21, 2026

7:30AM	Registration/Exhibits
7:50AM	Introduction
8:00AM	Management of Pancreatic Adenocarcinoma Sung Cho, MD <ul style="list-style-type: none"> • Understand its common presentations and workup • Determining who is a candidate for surgery and what the surgery entails • Chemotherapy and radiation therapy as well as the palliative treatment available
9:00AM	Atrial Fibrillation Creighton Don, MD <ul style="list-style-type: none"> • Describe goals of therapy for atrial fibrillation • Identify which patients benefit from rate control, cardioversion, antiarrhythmics, or ablation for Resistant Hypertension • Risks/benefits for antiplatelet therapy, anticoagulation or left atrial appendage occlusion
10:00 AM	Break/Exhibits
10:20AM	Sinusitus 2025 Michael Mitchell, MD <ul style="list-style-type: none"> • Paranasal sinus anatomy and physiology • Diagnosing and managing sinusitis • Overview of 2025 guidelines published by the American Academy of Otolaryngology
11:20AM	Update on CKD, Chronic Kidney Disease, Dialysis and Kidney Transplant Sajal Kumar, MD <ul style="list-style-type: none"> • Review recent trends in CKD and medications • Review recent trends in Dialysis • Trends and expectations in Kidney transplant
12:20 PM	Lunch Break/Exhibits
1:15 PM	Epilepsy Specialist Workup John Eaton, MD <ul style="list-style-type: none"> • Compare epilepsy surgery and device options • Diagnosis and treatment of PNES and FND • Identify optimal treatment of seizure emergencies, including status epilepticus
2:15 PM	Afternoon Break/Exhibits
2:30 PM	Multimodal Management of Obesity & GLP-1 RAs in Practice Mohan Mallipeddi, MD Jackie Lee, DO <ul style="list-style-type: none"> • Understand that obesity is a chronic disease without a single solution. • Appreciate use cases for bariatric surgery and pharmacotherapy in severe obesity. • Implement proactive strategies to counsel patients and mitigate common GLP-1 RA-related gastrointestinal side effects
3:30 PM	PrEP Essentials Allison Bauer, MD <ul style="list-style-type: none"> • Identify candidates for PrEP within primary care • PrEP medications, considering oral vs injectable options, drug-drug interactions, and lab monitoring • Develop strategies for follow-up care, including adherence support and addressing patient concerns
4:30 PM	Conference Ends

Registration Information

 Complete and mail in the attached registration form or
 Register online at www.russocme.com
Early Registration must be post marked by February 20, 2026
Regular Registration must be post marked by March 11, 2026
Day of Registration available. Additional \$20 for registering day of or postmarked after March 11.
Cancellations: All cancellations need to be emailed to Melissa at russocme@gmail.com on or before March 15th. There will be a \$50 administration fee withheld. Cancellations between March 15 and March 19: You can transfer to another conference within 12 months. Course is planned to be recorded and accredited, option to watch course after the live event for credits. No refunds once the conference begins.

Educational Support



Registration Form

Yakima Valley Medical Conference	
Please print legibly.	Receipts will be e-mailed.
Name:	
Degree:	Specialty:
Address:	
City/State/Zip:	
Phone:	
E-mail:	
Clinic Name:	
Clinic City:	
How do you plan on attend?	
<input type="radio"/> Attending in Person	<input type="radio"/> Attending Virtually
<input type="radio"/> Recording -14 AMA Category 1 Credits	
Day of registration available. An Additional \$20 will be charged if post marked after March 11.	

Regular Registration Due: March 11, 2026

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$430	\$405	\$280
Friday Only	\$285	\$255	\$185
Saturday Only	\$285	\$255	\$185

*PT, DC, OD, PharmD, ND, Other **Students \$75 a day

Early Registration Due: February 20, 2026

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$415	\$390	\$265
Friday Only	\$270	\$240	\$170
Saturday Only	\$270	\$240	\$170

Please make checks payable to RussoCME
Mail completed form with your check to:

Melissa Neighbors
935 SE High Street
Pullman, WA 99163