

## Venue

In person in Yakima, live streamed  
and or accredited recording available

**March 20 - 21, 2026**

## Yakima Convention Center

10 N 8th St,  
Yakima, WA 98901

## Accommodation

### Red Lion Hotel Yakima Center

Please mention you're attending the conference  
for the rate quote below:

Room Rate

\$110

(509) 248-5900

## Accreditation



### ◆ 14 AMA PRA Category 1 Credits™

### ◆ 14 MOC points for the ABIM MOC Program

### ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

### ◆ Approved for a total of 7.5 NP Pharmacology hours. (Fri-4 and Sat. - 3.5)

### ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's

### ◆ 14 equivalent CE credits for ANCC recertification

### ◆ 14 CE contact hours for the Washington State Board of Nursing.

## Spring Conferences

Wenatchee Medical Conference - January 30 & 31

Tri Cities Pain Conference - April 24 & 25

**Registration: RussoCME.com**

## Questions:

Eliza McNelly | 509-592-5506 | info@russoCME.com

## Faculty Speakers

Allison Bauer, MD  
Board Cert: Internal Medicine, HIV  
Blue Mountain Heart to Heart  
Walla Walla, WA

Albert M. Brady, MD, FACP  
Professor, Internal Medicine  
Vice-Chair, Department of Medicine  
Chair, Clinical Medicine  
PNU of Health Sciences  
Yakima, WA

Stuart Cardon, DPM  
Board Cert: Forefoot Surgery,  
Rearfoot/Ankle Surgery  
Cascade Foot & Ankle  
Yakima, WA

Tony Chen, MD  
Board Cert: General Cardiology  
Virginia Mason Franciscan Health  
Seattle, WA

Sung Cho, MD  
Board Cert: General Surgery  
Overlake Medical Center  
Bellevue, WA

Creighton Don, MD  
Board Cert: Interventional Cardiology,  
Internal Medicine  
UW Medicine  
Seattle, WA

John Eaton, MD  
Board Cert: Neurology, Epilepsy  
Overlake and Evergreen Hospitals  
Bellevue, WA

Daniel Fosmire, MD  
Board Cert: Neurology  
Overlake and Evergreen Hospitals  
Bellevue, WA

\* This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credit(s).

Sajal Kumar, MD  
Board Cert: Internal Medicine, Nephrology  
Nephrology Associates of Yakima  
Yakima, WA

Jacklyn Lee, DO  
Board Cert: Family Practice  
Virginia Mason Franciscan Health  
Seattle, WA

James Lord, MD, PhD  
Board Cert: Internal Medicine  
Subspecialty: Gastroenterology  
Virginia Mason Franciscan Health  
Seattle, WA

Mohan Mallipeddi, MD  
Board Cert: Surgery  
Virginia Mason Franciscan Health  
Seattle, WA

Michael Mitchell, MD  
Board Cert: Head and Neck Surgery  
MultiCare Ear Nose & Throat  
Yakima, WA

Val Simianu, MD  
Board Cert: General Surgery,  
Colon and Rectal Surgery  
Virginal Mason Franciscan Health  
Seattle, WA

Jamie Simmons, MD  
Board Cert: Psychiatry, Neurology  
Triumph Treatment Services  
Yakima, WA

Non Profit Org  
US Postage Paid  
Spokane, WA  
Permit 28

## Educational Support



**UW Medicine**  
HEART INSTITUTE



700 S Main St  
Moscow, ID 83843

Yakima Valley Medical Conference

14 AMA PRA Category 1 Credits™  
Continuing Medical Education

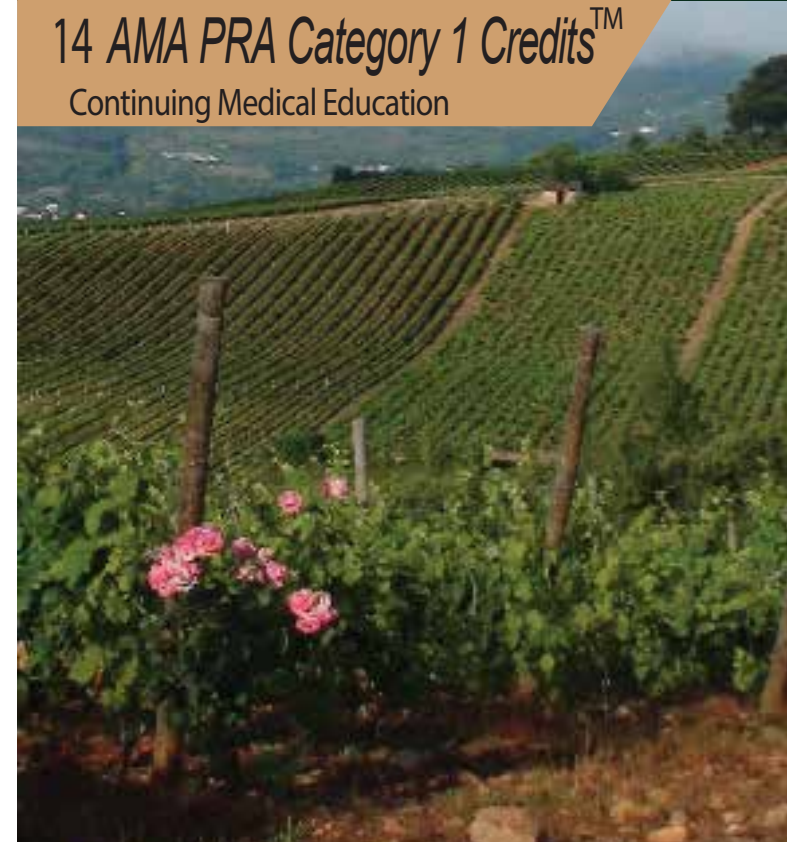


# Yakima Valley Medical Conference

In person, Streamed live  
& Recorded for credit

14 AMA PRA Category 1 Credits™

Continuing Medical Education



**March 20 - March 21, 2026**

Early Registration: February 20, 2026

Regular Registration: March 11, 2026

[www.RussoCME.com](http://www.RussoCME.com)

7:30AM

7:50AM

8:00AM

Registration/Exhibits

Introduction

Management of Various Types of Anemia  
Albert M. Brady, MD, FACP

- New understanding of “normal” iron levels and recognize the importance iron beyond oxygen carrying capacity
- Know how to identify deficiencies in pregnancy
- Understand the complexity of amacrocytic anemia

9:00AM

Migraine Diagnosis and Treatment  
Daniel Fosmire, MD

- Diagnosing migraine headaches using IHS criteria and clinical clues to aid in diagnosis
- Understand acute and prophylactic treatment options for migraines
- Be able to help patients recognize lifestyle changes to improve migraine control

10:00 AM

Break/Exhibits

10:20AM

Contemporary Management of IBD  
James Lord, MD

- Understand how ulcerative colitis and Crohn's disease can each be characterized
- Differentiate low and high risk IBD patients
- Become familiar with the major medical treatments for IBD

11:20AM

Fentanyl in Yakima: Overdose and PCP Management | Jamie Simmons, MD

- Why fentanyl is driving unprecedented overdose risk in Yakima, including high-potency synthetic opioids
- Tools to support patients using fentanyl
- Connect patients actively using fentanyl to Yakima's continuum of care and treatment programs

12:20PM

Lunch Break/Exhibits

1:15 PM

Pathophysiology and Treatment of HFrEF  
Tony Chen, MD

- Understand the pathophysiology of HFrEF
- Understand the role of quadruple therapy
- Understand the role of device therapy

2:15 PM

Afternoon Break/Exhibits

2:30 PM

Diabetic Foot Wounds| Stuart Cardon, DPM

- Circulation
- Offloading
- Nutrition and HgbA1C

3:30 PM

Contemporary Management of Diverticulitis | Val Simianu, MD

- Managing complicated diverticulitis
- Strategies for personalizing outpatient medical management of uncomplicated diverticulitis
- Surgery in improving quality of life for diverticulitis

4:30 PM

Conference Adjourned

7:30AM

7:50AM

8:00AM

Registration/Exhibits

Introduction

Management of Pancreatic Adenocarcinoma | Sung Cho, MD

- Understand it's common presentations and workup
- Determining who is a candidate for surgery and what the surgery entails
- Chemotherapy and radiation therapy as well as the palliative treatment available

9:00AM

Atrial Fibrillation | Creighton Don, MD

- Describe goals of therapy for atrial fibrillation
- Identify which patients benefit from rate control, cardioversion, antiarrhythmics, or ablation for Resistant Hypertension
- Risks/benefits for antiplatelet therapy, anticoagulation or left atrial appendage occlusion

10:00 AM

Break/Exhibits

10:20AM

Sinusitus 2025 | Michael Mitchell, MD

- Paranasal sinus anatomy and physiology
- Diagnosing and managing sinusitis
- Overview of 2025 guidelines published by the American Academy of Otolaryngology

11:20AM

Update on CKD,Chronic Kidney Disease, Dialysis and Kidney Transplant  
Sajal Kumar, MD

- Review recent trends in CKD and medications
- Review recent trends in Dialysis
- Trends and expectations in Kidney transplant

12:20 PM

Lunch Break/Exhibits

1:15 PM

Epilepsy Specialist Workup | John Eaton, MD

- Compare epilepsy surgery and device options
- Diagnosis and treatment of PNES and FND
- Identify optimal treatment of seizure emergencies, including status epilepticus

2:15 PM

Afternoon Break/Exhibits

2:30 PM

Multimodal Management of Obesity & GLP-1 RAs in Practice  
Mohan Mallipeddi, MD | Jackie Lee, DO

- Understand that obesity is a chronic disease without a single solution.
- Appreciate use cases for bariatric surgery and pharmacotherapy in severe obesity.
- Implement proactive strategies to counsel patients and mitigate common GLP-1 RA-related gastrointestinal side effects


3:30 PM

PrEP Essentials | Allison Bauer, MD


- Identify candidates for PrEP within primary care
- PrEP medications, considering oral vs injectable options, drug-drug interactions, and lab monitoring
- Develop strategies for follow-up care, including adherence support and addressing patient concerns

4:30 PM

Conference Ends



Complete and mail in the attached registration form or



Register online at [www.russocme.com](http://www.russocme.com)

- **Early Registration** must be post marked by February 20, 2026
- **Regular Registration** must be post marked by March 11, 2026
- **Day of Registration** available. Additional \$20 for registering day of or postmarked after March 11.

**Cancellations:** All cancellations need to be emailed to Melissa at [russocme@gmail.com](mailto:russocme@gmail.com) on or before March 15th. There will be a \$50 administration fee withheld. Cancellations between March 15 and March 19: You can transfer to another conference within 12 months. Course is planned to be recorded and accredited, option to watch course after the live event for credits. No refunds once the conference begins.

Educational Support



RUSSOCME.COM

Yakima Valley Medical Conference

Please print legibly. Receipts will be e-mailed.

Name: \_\_\_\_\_

Degree: \_\_\_\_\_ Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Clinic Name: \_\_\_\_\_

Clinic City: \_\_\_\_\_

How do you plan on attend?

☐ Attending in Person ☐ Attending Virtually

☐ Recording -14 AMA Category 1 Credits

Day of registration available. An Additional \$20 will be charged if post marked after March 11.

Regular Registration Due: March 11, 2026

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$430	\$405	\$280
Friday Only	\$285	\$255	\$185
Saturday Only	\$285	\$255	\$185

Early Registration Due: February 20, 2026

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$415	\$390	\$265
Friday Only	\$270	\$240	\$170
Saturday Only	\$270	\$240	\$170

Please make checks payable to RussoCME  
Mail completed form with your check to:

Melissa Neighbors  
935 SE High Street  
Pullman, WA 99163

Yakima 2026