

Venue

Red Lion Hotel Pasco

2525 N. 20th Ave,
Pasco, WA 99301

Hotel rate: \$129 - mention your attending conference | 509-547-0701

Conference will also be available streamed live on Zoom or a recording for those who can't make the date.

Accreditation



- ◆ This live activity is accredited for 14 AMA PRA Category 1 Credits.™*
- ◆ 14 MOC points for the ABIM MOC Program
- ◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ◆ Approved for a total of 8 NP Pharmacology hours. (Fri.-3 & Sat. - 5)
- ◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- ◆ 14 pharmacy ACPE credits applied for
- ◆ ANCC accepts these credits as equivalent credits for recertification.
- ◆ 14 CE contact hours for Washington State Nursing Commission.
- ◆ Physical Therapy- WA board of PT accepts these credits if the provider thinks the course is relevant to their practice
- ◆ Chiropractors- WA board of Chiropractics accepts these credits if the provider thinks the course is relevant to their practice

Questions

Diane Russo russocme1@gmail.com or 509-989-9800

Melissa Neighbors russocme@gmail.com or 509-431-0718

Faculty Speakers

Ed Bilsky, Ph.D.
Provost and Chief Academic Officer
Professor of Pharmacology and Neuroscience
Rocky Vista University
Englewood, CO

Kyle Bonin, DPT
Board Certification: Physical Therapy
Peak Physical Therapy
Pasco, WA

Seth Caba, PT, DPT, OCS
Clinic Director - Oasis
Physical Therapy
Kennewick, WA

Bill Davis, RRT, PAC
Specialty: Pulmonology
Cashmere, WA

Andrew Friedman MD
Medical Director PM&R VMFH
Section Head PM&R
Virginia Mason Medical Center,
Clinical Assistant Professor UW
Seattle, WA

Rachel Gibbons, PharmD, BCACP
Clinical Pharmacist in Primary Care and Rheumatology
Board Certi: Ambulatory Care Pharmacy
Virginia Mason Franciscan Health
Seattle, WA

Michael D Kane, MPT, MOMT, FAFS
Pro-Motion Physical Therapy.
Yakima, WA

Raymond M. Quock, Ph.D.
Specialty: Psychopharmacology
Pullman, Washington

Connor Rowan, PharmD
Virginia Mason Franciscan Health
Neuroscience Institute
Seattle, WA

Allen Shoham, MD
Board Cert: Anesthesiology
Apex Spine Institute
Richland, WA

Joe Salinas, MD
Board Cert: Internal Medicine
Internal Medicine Associates of Richland
Richland, WA

Eric Varley, DO
Board Cert: General Surgery and Orthopaedic Surgery
Virginia Mason Franciscan Health
Seattle, Washington

Jean You, MD
Board Cert: Physical Medicine and Rehabilitation; Pain Medicine
Vista Pain Center
Kennewick, WA

Gary A. Walco, PhD
Board Certification: Clinical Health Psychology
Seattle Children's
Seattle, WA

* This live activity has been planned and implemented in accordance with accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide Continuing Medical Education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credits.

Conference Educational Support



700 S Main St
Moscow, ID 83843

Tri Cities Pain Conference
14 AMA Category 1 Credits

Meets the New DEA Requirement for
8 Hours of CME Training on Opioids

Meets the New DEA Requirement for
8 Hours of CME Training on Opioids

Tri-Cities Pain Conference

Emphasis on Opioids and Substance Abuse

14 AMA PRA Category 1 Credits™
Continuing Medical Education



April 26-27, 2024
Pasco, WA

Early Registration : March 29, 2024
Regular Registration: April 17, 2024

www.RussoCME.com

Friday April 26, 2024

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Opioid Safety and Monitoring | Ed Bilsky, Ph.D.**
 - Implement strategies to minimize the risk of opioid-related adverse events, including overdose, respiratory depression, and opioid use disorder.
 - Monitor patients on chronic opioid therapy for signs of misuse, diversion, and opioid-related complications
- 9:00AM Update: Spinal Cord Stimulation for Painful Diabetic Neuropathy | Allen Shoham, MD**
 - Painful Diabetic Neuropathy (PDN) is a progressive and debilitating disease • High Frequency Spinal Cord Stimulation (SCS), is a safe long term treatment
 - SCS reduces pain, improve mood and sleep with high patient satisfaction rate
- 10:00 AM Break/Exhibits**
- 10:20AM Getting In and Out of the Opioid Use Disorder Roundabout | Bill Davies, RRT, PAC**
 - Pain, Opioids and Co-travelers in the Commute
 - Keys to Detections and Directions
 - Help Getting Them with OUD Out and On
- 11:20AM Putting Things Into Perspective: The U.S. Opioid “Crisis” and Pediatrics | Gary A. Walco, PhD**
 - Pros and cons of using opioids to treat pain in pediatric patients • Prevalence of opioid overdose deaths in the pediatric population • Opioid misuse, opioid abuse, substance use disorder, and opioid-related overdose
- 12:20PM Lunch Break/Exhibits**
- 1:15 PM The Curious Case of Chronic Musculoskeletal Pain Michael D Kane, MPT, MOMT, FAFS**
 - Neuroscience, neurobiology and psychology of chronic musculoskeletal pain • Integrative bio-psycho-social framework for the treatment of chronic MSDs • Reconceptualization of pain; leading to improved core pain management skills
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Low Back Pain Eric Varley, DO**
 - Review non surgical treatment options
 - Describe surgical options
- 3:30 PM Opioid Hyperalgesia Jean You, MD**
 - Define hyperalgesia
 - Review how to avoid hyperalgesia when treating chronic pain • Chronic opioid prescribing techniques to minimize hyperalgesia
- 4:30 PM Conference Adjourned**

Saturday April 27, 2024

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Psychedelics and Addiction: Facts and Myths about Psychedelic Addiction and use of Psychedelics for Treatment of Substance Abuse Joe Salinas, MD**
 - Facts, myths and guidance • Substance use and addiction behavior • Treatment options
- 9:00AM Why am I still hurting? Looking Beyond the Tissue Issue | Kyle Bonin, DPT**
 - Pain theories • The pain experience
 - Educate patients on basic PNE concepts to: promote self care, decrease unnecessary fear of movement, minimize treatment cost
- 10:00 AM Break/Exhibits**
- 10:20AM Opioid Use Disorder Raymond M. Quock, Ph.D.**
 - Genesis of today’s opioid epidemic
 - How opioids cause reward, reinforcement, and dependence • Approaches to treatment of opioid use disorder
- 11:20AM Opioids in the Management of Pain Andrew Friedman MD**
 - Current guidelines for opioid prescribing for chronic pain
 - Initiating opioid therapy and monitoring for pain management care with our patients
 - Prevention and management of common problems encountered during chronic opioid therapy
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM Buprenorphine: The Basics and Beyond Connor Rowan, PharmD**
 - Pharmacology of buprenorphine
 - Differentiate between pain management and opioid use disorder (OUD) dosing • Discuss strategies and challenges of initiating buprenorphine
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Opioid Pharmacology Rachel Gibbons, PharmD, BCACP**
 - Functions of full mu agonists, partial agonists and opioid antagonists. • Pharmacology of commonly used opioids and compare their potency
 - Prescribing or managing opioid medications
- 3:30 PM Pain Neuroscience and its Effect on Patient Outcomes | Seth Caba, PT, DPT, OCS**
 - Identify psychosocial factors that affect patient outcomes
 - Pain education • Patient friendly language • Common misconceptions about pain; how to conquer and improve patient outcomes.
- 4:30 PM Conference Ends**

Gold Educational Support



APEX SPINE
INSTITUTE



Registration Information



Complete and mail in the attached registration form or



Register online at www.russocme.com

- **Early Registration** must be post marked by March 29, 2024
- **Regular Registration** must be post marked by April 17, 2024
- **Day of Registration available.** Additional \$20 for registration day of or after April 17. Just walk in and register or you can register online and a link to the conference page will be at russocme.com
- **Recording** - Conference will be recorded and accredited with AMA Category 1 Credits. You can register for the recording and a copy will be sent to you 1 week later. We also send a copy out to all participants just for future reference.

Cancellations: All cancellations need to be emailed to Melissa at russocme@gmail.com on or before April 19. There will be a \$50 administration fee withheld. Cancellations between April 19 and April 25, you can send someone in your place or transfer to another conference within 12 months. Course is planned to be recorded and accredited, option to watch course after the live event for credits. No refunds once the conference begins.

Registration Form

Tri-Cities Pain Conference

Please print legibly. Receipts will be e-mailed.

Name: _____

Degree: _____ Specialty: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Clinic Name: _____

Clinic City: _____

Please indicate what format you will be attending

In person Stream live Recording

Walk in registration available. An Additional \$20 will be charged if post marked after April 17, 2024.

Regular Registration Due: April 17, 2024

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$430	\$405	\$280
Friday Only	\$285	\$255	\$185
Saturday Only	\$285	\$255	\$185

*PT, DC, OD, PharmD, ND, Other **Students \$75 a day

Early Registration Due: March 29, 2024

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$415	\$390	\$265
Friday Only	\$270	\$240	\$170
Saturday Only	\$270	\$240	\$170

Please make checks payable to **RussoCME**

Mail completed form with your check to:

Melissa Neighbors
Box 1773
East Sound, WA 98245