

Venue

In person in Kennewick, live streamed and or accredited recording

October 18-19, 2024

Red Lion Columbia Center
1101 N Columbia Center Blvd
Kennewick, WA 99336

Accommodation

Red Lion Columbia Center
Please mention you're attending the conference for the rate quote below:

(509) 783-0611 Room Rate
- \$129

Accreditation



◆ 14 AMA PRA Category 1 Credits™

◆ 14 MOC points for the ABIM MOC Program

◆ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

◆ Approved for a total of 4 NP Pharmacology hours. (Fri. - 2 Sat. - 2)

◆ Washington State accepts AMA PRA Category 1 Credits for NP's & PA's

◆ 14 equivalent CE credits for ANCC recertification

◆ 14 CE contact hours for the Washington State Board of Nursing.

◆ Recorded Conference - 14 AMA Category 1 Credits

RussoCME.com

Faculty Speakers

Lusine Ambartsumyan, MD
Board Cert. - Gastroenterology
Seattle Children's
Seattle, WA

Allison Bauer, MD
Board Cert. - Internal Medicine
Yakima Valley Farm Workers
Yakima, WA

Misho Hubka, MD
Board Cert. - Thoracic Surgery
Virginia Mason Franciscan Health
Seattle, WA

Deepti Gupta, MD
Board Cert. - Dermatology
Seattle Children's
Seattle, WA

John Howington, MD
Board Cert. - Thoracic Surgery
Virginia Mason Franciscan Health
Seattle, WA

Laura Huang, MD
Board Cert. - Ophthalmology
Seattle Children's
Seattle, WA

Kathleen Kieran, MD
Board Cert. - Urology
Seattle Children's
Seattle, WA

Adam Joseph Lamble, MD
Board Cert. - Oncology
Seattle Children's
Seattle, WA

Jason Lockrow, MD
Board Cert. - Neurology
Seattle Children's
Seattle, WA

Heidi Nicewarner, MD
Board Cert. - Cardiology
Virginia Mason Franciscan Health
Seattle, WA

Leizl Sapico, MD
Board Cert. - OBGYN
Virginia Mason Franciscan Health
Seattle, WA

Jonathan Stoehr, MD
Board Cert. - Endocrinology
Virginia Mason Franciscan Health
Seattle, WA

Scott Yang, MD
Board Cert. - Orthopaedics
Seattle Children's
Seattle, WA

Ming Zhang, MD
Board Cert. - Cardiology
Virginia Mason Franciscan Health
Seattle, WA

Non Profit Org
US Postage Paid
Spokane, WA
Permit 28

*This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 14 hours of AMA PRA Category 1 Credit(s).

Fall Conferences

Olympic Peninsula Medical Conference - Nov. 8 & 9
Spokane Pain Conference - October 25 & 26, 2024
NW Primary Care Medical Conference - Dec. 6 & 7

Registration: RussoCME.com

Questions:

Melissa Neighbors 509-431-0718
russocme@gmail.com



700 S Main St
Moscow, ID 83843

Updates in Medicine 2024

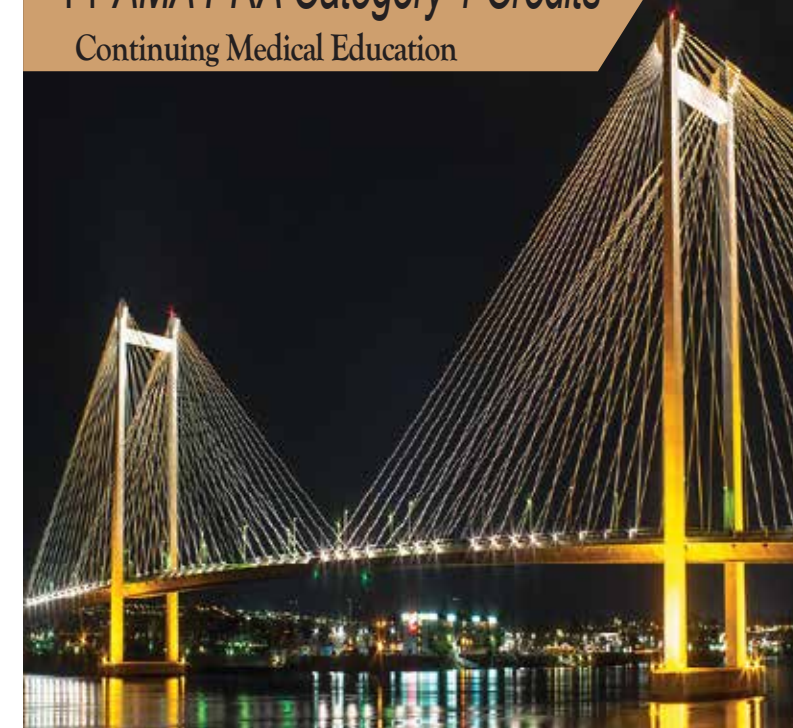
14 AMA PRA Category 1 Credits™
Continuing Medical Education

Updates in Medicine

In person, Streamed live
& Recorded for credit

Emphasis in Internal Medicine & Pediatrics

14 AMA PRA Category 1 Credits™
Continuing Medical Education



October 18 & 19, 2024
Kennewick, WA

Early Registration: September 20, 2024
Regular Registration: October 9, 2024
www.RussoCME.com

Friday, October 18, 2024

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Update on Transcatheter Valvular Intervention**
Ming Zhang, MD
 - Updated guidelines for valvular heart disease
 - Management of valvular heart disease
 - New technologies for future CV medications
- 9:00AM Osteoporosis**
Jonathan Stoehr, MD
 - Identifying risk factors
 - Differential Diagnosis
 - Identify treatment options
- 10:00 AM Break/Exhibits**
- 10:20AM A Primary Care Approach to Reflux and Other Diseases of the Esophagus**
Misho Hubka, MD
 - What is GERD and why we should treat it.
 - What is the relation between GERD and Barrett's Esophagus
 - Treatment of GERD: long term use of PPI and non-PPI Management options
- 11:20AM Sexually Transmitted Infections**
Allison Bauer, MD
 - Review the latest STI screening and treatment guidelines.
 - List the preferred-over-alternative regimens in the guidelines
 - Explore challenges in the diagnosis and management of STIs.
- 12:20PM Lunch Break/Exhibits**
- 1:15 PM Heart Disease in Women**
Heidi Nicewarner, MD
 - Review risk factors for heart disease
 - Discuss prevalence of common heart diseases in women
 - Understand clinical presentation of heart disease specific to women
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Abnormal Uterine Bleeding in the Primary Care Setting | Leizl Sapico, MD**
 - Discuss the common causes of AUB
 - Review Initial work up
 - Management/When to refer
- 3:30 PM State of the Art Lung Cancer Screening**
John Howington, MD
 - Review the current state of lung cancer diagnosis and deaths in the United States
 - Review the RCT evidence of the significant survival benefits of low dose CT screenings.
 - Provide the current USPSTF guidelines
- 4:30 PM Conference Adjourned**

Saturday, October 19, 2024

- 7:30AM Registration/Exhibits**
- 7:50AM Introduction**
- 8:00AM Pediatric Dermatology**
Deepti Gupta, MD
 - Identify common dermatologic disorders
 - Discuss treatments for skin diseases
 - Learn about updates in medical therapies for skin disorders
- 9:00AM Outpatient Pediatric Orthopaedics**
Scott Yang, MD
 - Review basics of outpatient orthopaedic exam
 - Review common conditions in orthopaedics that cannot be missed, how to diagnose them
 - Understand when they need appropriate referrals (Infection, hip dysplasia, SCFE, Overuse conditions, Tumor, Spine Conditions, etc.
- 10:00 AM Break/Exhibits**
- 10:20AM Pediatric Ophthalmic Emergencies**
Laura Haung, MD
 - Understand ocular anatomy and common pediatric eye conditions
 - Learn which pediatric eye conditions require urgent or emergent referral
- 11:20AM Dietary Therapies for Epilepsy**
Jason Lockrow, MD
 - Introduce the ketogenic diet
 - Understand the diet's uses in epilepsy
 - Complications that may occur on the diet
- 12:20 PM Lunch Break/Exhibits**
- 1:15 PM Constipation: Moving Beyond the Basics**
Lusine Ambartsumyan, MD
 - Describe the evaluation and management of childhood functional constipation
 - Differentiate between organic and functional constipation in children
 - Understand the diagnostic testing and management of childhood refractory constipation.
- 2:15 PM Afternoon Break/Exhibits**
- 2:30 PM Leukemias 101 | Adam Lamble, MD**
 - Discuss the presenting signs and symptoms
 - Understand diagnostic workup
 - Understand therapy and expected outcomes for Leukemias
- 3:30 PM Top Five Questions PCPs Tell Families They Need a Urologist to Answer**
Kathleen Kieran, MD
 - Understand the Pros and Cons of Circumcision
 - Explore Foreskin Management, concerns of genital Pain, different Testicle Positioning and explore General Penis Concerns
- 4:30 PM Conference Ends**

Registration Information

- ✉ Complete and mail in the attached registration form or
 - 🖱 Register online at www.russocme.com
 - **Early Registration** must be post marked by September 20, 2024
 - **Regular Registration** must be post marked by October 9, 2024
 - **Day of Registration** available. Additional \$20 for registering day of or postmarked after October 9th.
- Cancellations:** All cancellations need to be emailed to Melissa at russocme@gmail.com on or before October 11th. There will be a \$50 administration fee withheld. Cancellations between October 12 and October 17: You can send someone in your place or transfer to another conference within 12 months. Course is planned to be recorded and accredited, option to watch course after the live event for credits. No refunds once the conference begins.

Educational Support



RUSSOCME.COM

Registration Form

Updates in Medicine 2024

Please print legibly. Receipts will be e-mailed.

Name: _____

Degree: _____ Specialty: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Clinic Name: _____

Clinic City: _____

How do you plan on attending?

- Attending in Person Attending Virtually
- Recording -14 AMA Category 1 Credits

Day of registration available. An Additional \$20 will be charged if post marked after October 9th.

Regular Registration Due: October 9, 2024

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$430	\$405	\$280
Friday Only	\$285	\$255	\$185
Saturday Only	\$285	\$255	\$185

*PT, DC, OD, PharmD, ND, Other **Students \$75 a day

Early Registration Due: September 20, 2024

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$415	\$390	\$265
Friday Only	\$270	\$240	\$170
Saturday Only	\$270	\$240	\$170

Please make checks payable to RussoCME
Mail completed form with your check to:

Melissa Neighbors
PO Box 1773
Eastsound, WA 98245