Virtual - Hosted live on Zoom

March 26 & 27, 2021

Conference will be held live on Zoom. Participants will be emailed a join link the week of the course.

Accreditation

- ***15 AMA PRA Category 1 Credits***™
- 15 MOC points for the ABIM MOC Program
- Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- Approved for a total of 7 NP Pharmacology hours. (Fri.-4 & Sat. - 3)
- Approved by Washington State Board of Pharmacy for 15 Pharmacist CE Hours.
- Washington State accepts AMA PRA Category 1 Credits for NP's & PA's
- 15 equivalent CE credits for ANCC recertification
- 15 CE contact hours for the Washington State Board of Nursing.

Questions

Melissa Neighbors 509-431-0718
russocme@gmail.com

Faculty Speakers

Erin Bauer, MD
Board Cert: Rheumatology
Virginia Mason Medical Center
Seattle, WA

Teodor Butiu, MD
Board Cert: Pediatrics
Confluence Health
Wenatchee, WA

Brandon Child, DPM
Board Cert: Podiatric Surgery
Confluence Health
Wenatchee, WA

Lauren Clark, MD
Board Cert: Internal Medicine & Gastroenterology
Confluence Health
Wenatchee, WA

Christohper Fellows, MD
Board Cert: Cardiovascular Disease
Virginia Mason Medical Center
Seattle, WA

Juanita Hodax, MD
Board Cert: Pediatric Endocrinology
Seattle Children's
Seattle, WA

Steven Kirtland, MD
Board Cert: Pulmonary Disease, Critical Care Medicine, Sleep Medicine, Preventive Medicine, Hyperbaric Medicine
Virginia Mason Medical Center
Seattle, WA

Philip Louie, MD
Board Cert: Orthopaedic Surgeon
Virginia Mason Medical Center
Seattle, WA

Alvaro Lucioni, MD, FPMRS
Board Cert: Urology
Virginia Mason Medical Center
Seattle, WA

Eric Olson, MD
Board Cert: Addiction Medicine
Confluence Health
Wenatchee, WA

Soumil Patwardhan, MD
Board Cert: Internal Medicine
Confluence Health
Wenatchee, WA

Cheryl Shih, MD
Board Cert: Urology
Confluence Health
Wenatchee, WA

Justin Stahl, MD
Board Cert: Neurology
Virginia Mason Medical Center
Seattle, WA

Jared Wagner, MD
Board Cert: Pain & Anesthesiology
Wenatchee Pain Relief
Wenatchee, WA

* This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Colorado State Medical Society through the joint providership of Gritman Medical Center and RussoCME. Gritman Medical Center is accredited by the Colorado State Medical Society to provide continuing medical education for physicians. This educational activity is designated for a maximum of 15 hours of AMA PRA Category 1 Credit(s).

RussoCME.com

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700 S Main St
Moscow, ID 83843

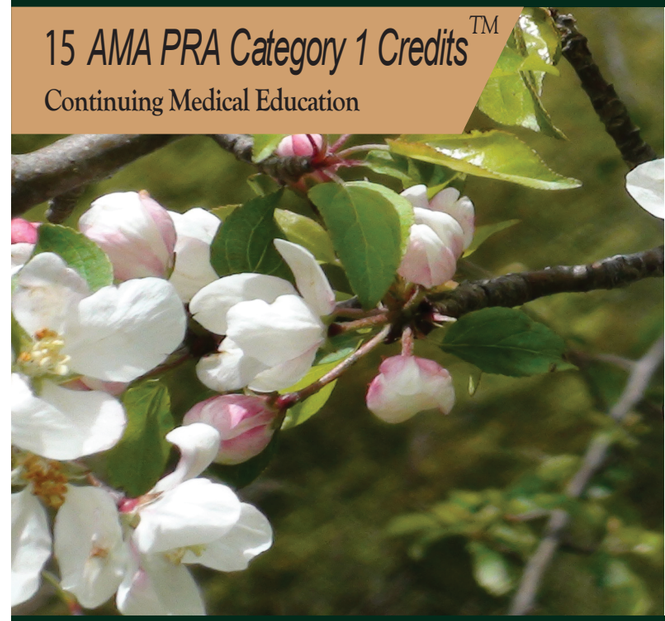
Wenatchee Valley Medical Conference

15 AMA PRA Category 1 Credits™
Continuing Medical Education

Due to health restrictions this year's course will be streamed live.

Virtual Wenatchee Valley Medical Conference

15 *AMA PRA Category 1 Credits*™
Continuing Medical Education



March 26 & 27, 2021

Early Registration: February 26, 2021
Regular Registration: March 17, 2021
www.RussoCME.com

Friday, March 26, 2021

7:30AM Registration/Exhibits

7:50AM Introduction

8:00AM GERD
Soumil Patwardhan, MD
- Medication selection with consideration of long-term effects of PPIs and H2 Blockers
- Monitoring strategies

9:00AM Probiotics in our Diet, Microbiome and Health | Teodor Butiu, MD
- Treatment strategies for managing post C-dif, multiple antibiotic exposures and primary alteration in biome populations
- Connection to non-GI disorders

10:00 AM Break/Exhibits

10:20AM Dementia - Focus on Alzheimer's
Justin Stahl, MD
- Understand cognitive impairment with focus on Alzheimer's Dementia
- Work up and evaluation for dementia
- Treatment for Alzheimer's Dementia

11:20AM Hematuria: When Should I be Concerned?
Alvaro Lucioni, MD, FPMRS
- Able to differentiate the different types
- Determine the causes of hematuria
- Understand the evaluation of hematuria

12:20PM Lunch Break/Exhibits

1:15 PM Cardiac Pacers, ICD's and Devices in 2021
Christopher Fellows, MD
- Define CIEDs and understand the future
- Understand interrogation and evaluation

2:15 PM Avoiding the Void of Opioids: Pain Management Alternatives
Steven Fowler, MD
- Discuss alternative non-opioid medications
- Lifestyle changes that aid in pain management

3:15 PM Afternoon Break/Exhibits

3:30 PM Opioid Treatments for Chronic Pain
Jared Wagner, MD
- Selection criteria for opioid management
- Risks of various opioid dosages
- Mitigation strategies & criteria for opioid discontinuation

4:30 PM Buprenorphine Use in Primary Care – Beyond Addiction Treatment
Eric Olson, MD
- Characteristics of Buprenorphine pharmacotherapy
- Risks and benefits in treating chronic pain
- Legal issues related to prescribing

5:30 PM Conference Adjourned

Saturday, March 27, 2021

7:30AM Registration/Exhibits

7:50AM Introduction

8:00AM Prostatism for the Primary Care Provider: BPH, Prostatitis, & Bladder Outlet Obstruction.
Cheryl Shih, MD
- Review the medical & surgical management of Benign Prostate Hyperplasia.
- Discuss prostatitis management
- Reveiw refferal to Urology

9:00AM Preventative Care for Patients with IBD
Lauren Clark, MD
- Patients with IBD are at increased risk for infections and certain malignancies.
- Recommended Vaccines
- Recommended screening exams & schedules

10:00 AM Break/Exhibits

10:20AM Podiatry Review: From Footwear to "Foot Attacks" | Brandon Child, DPM
- Review role of footwear
- Define Metatarsalgia & understand causes & treatment
- Personal impact of Diabetic Foot Syndrome

11:20AM Update on COPD Management
Steven Kirtland, MD
- Review COPD inhaler therapy
- Understand the importance of noninhaler therapy
- Discuss the role and benefits of Endobronchial valve Lung Volume reduction

12:20 PM Lunch Break/Exhibits

1:15 PM Rheumatology Updates
Erin Bauer, MD
- Changes in the 2020 Rheumatology Guidelines for the Management of Gout
- Discuss new medications for treatment of Rheumatoid Arthritis, Psoriatic arthritis
- Understand immunizations for the immunocompromised patient arthritis

2:15 PM Afternoon Break/Exhibits

2:30 PM My Back Hurts.... and I Think I Have Sciatica! | Philip Louie, MD
- Review common presentations of low back pain and radiculopathy
- Describe proper workup, evaluation, and triage
- Discuss when to refer and what not to miss

3:30 PM Caring for Gender Diverse Youth
Juanita Hodax, MD
- Barriers to gender-affirming care
- Medical treatment options
- Process for starting treatment

4:30 PM Conference Ends

Registration Information

Complete and mail in the attached registration form or

Register online at www.russocme.com

- **Early Registration** must be post marked by February 26, 2021
- **Regular Registration** must be post marked by March 17, 2021
- **Day of Registration** available. Additional $20 for registration day of or postmarked after March 17th.

Cancellations: All cancellations need to be emailed to Melissa at russocme@gmail.com on or before March 22nd. There will be a $50 administration fee withheld. Cancellations between March 23rd and 25th: You can send someone in your place or transfer to another conference with+in 12 months.
No refunds once the conference begins.

Educational Support

WENATCHEE VALLEY MEDICAL GROUP
Affiliated Physicians of Confluence Health

Virginia Mason™

Virtual Spring Conferences

Yakima Women's Health Conference April 23 & 24

Tri Cities Pain Conference June 4 & 5

Information & Registration: WWW.RUSSOCME.COM

Conference Objectives:

- Discuss new insights into the diagnosis, management & treatment of various diseases in patients.

Cut here

Registration Form

Wenatchee Valley Medical Conference

Please print legibly. Receipts will be e-mailed.

Name:_____

Degree:_____Specialty:_____

Address:_____

City/State/Zip:_____

Phone:_____

E-mail_____

Clinic Name:_____

Clinic City:_____

Day of registration available. An Additional $20 will be charged if post marked after March 17th.

Regular Registration Due: March 17, 2021

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	$405	$380	$255
Friday Only	$265	$235	$165
Saturday Only	$265	$235	$165

*PT, DC, OD, PharmD, ND, Other **Students $75 a day

Early Registration Due: February 26, 2021

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	$390	$365	$240
Friday Only	$250	$220	$150
Saturday Only	$250	$220	$150

Please make checks payable to RussoCME
Mail completed form with your check to:

Melissa Neighbors
225 NW Thomas Street
Pullman, WA 99163

For Official Use - Wenatchee 2021 - 91

CH:_____ A:_____

C:_____ O:_____