# Update on Invasive Cardiology

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**Structural Heart Disease and Intervention** 





# Objectives

- 1. Invasive CAD management
- 2. Update on valvular intervention (aortic, mitral and tricuspid valves)
- 3. Invasive therapy for advanced heart failure
- 4. Atrial appendage occlusion





Andreas Roland Grüntzig was born in Dresden, Germany, ten weeks before the outbreak of the Second World War on 25 June 1939

Initially they developed a double lumen balloon catheter, which allowed balloon inflation through one lumen and perfusion of the occluded artery through the other.

The double lumen catheter was ultimately used for the first time to treat an iliac artery stenosis on 23 January 1975.

The first dilatation of a coronary artery was performed through collaboration with Richard Myler in San Francisco on 9 May 1977.



## State of the art: 40 years of percutaneous cardiac intervention









Research Reports in Clinical Cardiology 2015:6 57–71





2020 ACC/AHA Guideline for the Management of Patients With Valvular Heart Disease: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines



2021 ESC/EACTS Guidelines for the management of valvular heart disease

2021 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure

2020 ESC Guidelines for the management of adult congenital heart disease











Stage: A, B, C, D

Target: Aortic, Mitral, Tricuspid Valve

Risk stratification: STS score, EURO score, Frailty.....

Outcome: TVT registry

Age and Durability.....

Multivalvular abnormalities

Destination VS Bridging therapy

With/without CAD

**Expanded Indications** 

Heart team approach

Shared decision making process

Clinical trials on AV, MV, TV and PV





aortic valve replacement (TAVR) and transcatheter mitral valve repair (TMVR).



#### FIGURE 2 Annual Volumes of TAVR and SAVR







🔳 Extreme and High Risk 📕 Intermediate Risk 🔳 Low Risk





# Evidence for TAVR demonstrated:

Lower Stroke
Lower Mortality
Less Atrial Fibrillation
Quicker Recovery
Better Hemodynamics
No Scar



## Perspectives on Transcatheter Mitral Therapy



## **Transcatheter Edge to Edge Repair (TEER)**





### **Outcomes With Transcatheter Mitral Valve Repair in the United States** An STS/ACC TVT Registry Report







#### TABLE 2 Device-Related Complications in the Safety Analysis Population

Through 30 Days	Through 12 Months	Through 24 Months	Through 36 Months
4 (1.4)	9 (3.3)	13 (5.2)	18 (8.7)
4 (1.4)	4 (1.4)	4 (1.4)	4 (1.4)
2 (0.7)	2 (0.7)	2 (0.7)	2 (0.7)
1 (0.3)	1 (0.3)	1 (0.3)	1 (0.3)
0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
1 (0.3)	1 (0.3)	1 (0.3)	1 (0.3)
0 (0.0)	5 (2.0)	9 (3.8)	14 (7.4)
0 (0.0)	3 (1.2)	6 (2.6)	10 (5.4)
0 (0.0)	2 (0.8)	3 (1.3)	5 (2.6)
	Through 30 Days       4 (1.4)       4 (1.4)       2 (0.7)       1 (0.3)       0 (0.0)       0 (0.0)       1 (0.3)       0 (0.0)       1 (0.3)       0 (0.0)       1 (0.3)       0 (0.0)       1 (0.3)       0 (0.0)       0 (0.0)       0 (0.0)       0 (0.0)	Through 30 Days     Through 12 Months       4 (1.4)     9 (3.3)       4 (1.4)     4 (1.4)       2 (0.7)     2 (0.7)       1 (0.3)     1 (0.3)       0 (0.0)     0 (0.0)       0 (0.0)     0 (0.0)       1 (0.3)     1 (0.3)       0 (0.0)     0 (0.0)       0 (0.0)     5 (2.0)       0 (0.0)     3 (1.2)       0 (0.0)     2 (0.8)	Through 30 DaysThrough 12 MonthsThrough 24 Months4 (1.4)9 (3.3)13 (5.2)4 (1.4)4 (1.4)4 (1.4)2 (0.7)2 (0.7)2 (0.7)1 (0.3)1 (0.3)1 (0.3)0 (0.0)0 (0.0)0 (0.0)0 (0.0)0 (0.0)0 (0.0)0 (0.0)0 (0.0)0 (0.0)1 (0.3)1 (0.3)1 (0.3)0 (0.0)5 (2.0)9 (3.8)0 (0.0)3 (1.2)6 (2.6)0 (0.0)2 (0.8)3 (1.3)

Values are n (%). The safety population (n = 293) consisted of those patients in whom a MitraClip procedure was attempted. Therefore, the left ventricular assist device and heart transplantation rates here vary slightly from those in Table 3, which were analyzed in the intention-to-treat population.







77 bpm







2.7 5.4

PAT T

# **Results: Mitraclip Volume**



- 14,923 cases performed by 562 operators at 290 sites between 2013 and 2018
- 230 operators with case experience between 26-50
- 116 operators with case experience > 50



# **Mitral Valve Surgery for MR**



# **Mitral Interventions**





# TMVR Devices



Tendyne (Abbott)



## M3 (Edwards)



Intrepid (Medtronic)







### Cephea (Abbott)



### EVOQUE (Edwards)





Highlife





# CHOICE-MI

The CHoice of OptImal transCatheter trEatment for Mitral Insufficiency Registry

- investigator-initiated
- multicentre
- international
- retrospective
- device-independent
- 05/2014 03/2021

### CHOICE-MI inclusion criteria:

- significant MR
- unsuitable for standard therapy
  - high risk for surgery
  - suboptimal TEER anatomy
- screening for TMVI



Baseline characteristics (clinical, echo, CT)

PMR SMR I

Mixed PMR/SMR

MAC

MVARC criteria

Clinical / echo outcome at 30-days and 1-year

Primary composite outcome: 1-year all-cause

mortality or heart failure hospitalisation



## **CHOICE-MI**



### TA-TMVI 89.2%, TS-TMVI 10.8%

### **MVARC 30-day outcomes**

Technical success 95.2% Procedural mortality 1.8% 30-day mortality 9.9%



LVOT obstruction 3.2% Valve malposition 3.7% Conversion to surgery 2.8% Access site complications 9.6% Reintervention for bleeding 7.5% Disabling stroke 3.1% AKI 15.4%

Median follow-up time 1.94 (1.53-2.11) years

Primary composite endpoint of **1-year** all-cause mortality or HF hospitalization **39.2%** [no difference primary MR (44.1%), secondary MR (39.1%), mixed MR (20.0%) (p=0.68)]

# **TR: Community Prevalence**

≥65 years, n=2500 Screening for undiagnosed VHD 51% had newly diagnosed VHD 2X ↑ Low socioeconomic status, 3x ↑ in AF

21,020 TTEs, 1990-2000 N=417 with ≥ mod TR 0.55% age/sex-adjusted US prevalence

— Prevalence of All Cause TR≥ Moderate



### **Moderate/Severe Heart Valve Disease**



D'Arcy J et al. Eur Heart J 2016; Topilsky Y et al. JACC CV Img 2019

# **Isolated TR: Prognosis**



### LVEF ≥50%, PASP <50 mmHg, no pacer/ICD wire, no prior valve surgery, no other VHD >mild, no congenital/pericardial disease

Mayo Clinic 2003-2011: HFrEF population µ LVEF 36% N=13026; 32% TR mild, 17% TR mod, 6% TR severe

Topilsky Y et al. JACC CV Img 2019; Benfari G et al. Circulation 2019





### Transcatheter Versus Medical Treatment of Patients With Symptomatic Severe Tricuspid Regurgitation



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Combined Mitral and Tricuspid Versus Isolated Mitral Valve Transcatheter Edge-to-Edge Repair in Patients With Symptomatic Valve Regurgitation at High Surgical Risk

P = 0.039P = 0.001 P = 0.004100 Distribution of NYHA functional class [%] 80-NYHA IV NYHA III 60-NYHA II NYHA I 40-20 0 Baseline 1 month Baseline 1 month TMTVR TMVR

Effect of TMTVR and TMVR on NYHA Functional Class

### Rates of Heart Failure Hospitalization in Patients With TMTVR and TMVR





## **Treatment Landscape for TR** Transcatheter Tricuspid Landscape



Increase of transcatheter procedures. Leaflet therapies (edge-to-edge) most commonly being used

## **TriValve Registry**

January 2014 – December 2016 **N = 106**  January 2014 – May 2018 **N = 304** 



Taramasso et al. J Am Coll Cardiol Intv 2017;10:1982-90



# 1-Year Outcomes After Edge-to-Edge Valve Repair for Symptomatic Tricuspid Regurgitation: Results From the TriValve Registry



(Left) Stacked diagram of tricuspid regurgitation (TR) grading at different points of time. There was a significant reduction in TR between baseline and post-procedure (p < 0.001) but no difference between post-procedure and last follow-up (FU) (p = 0.89). (**Right**) Stacked diagram of New York Heart Association (NYHA) functional class at baseline and at follow-up showing significant improvement (p < 0.001). There was down-grading of at least 1 NYHA functional class in 72% of cases.



#### TABLE 5 Outcomes at Last Follow-Up (N = 249)

Follow-up time, days	290 (141-392)
Estimated mortality at 1 yr*	20.3 (14.6-25.8)
Estimated combined mortality and unplanned rehospitalization for heart failure at 1 yr*	34.7 (27.3-41.0)
Tricuspid surgery	7 (2.8)
NYHA functional class (n = 175/212) I II III IV	31 (17.7) 90 (51.4) 52 (29.7) 2 (1.1)
Decrease of $\geq 1$ NYHA functional class (n = 175/212)	130 (72.0)
Peripheral edema (n = 169/212)	45 (26.6)
Ascites (n = $179/212$ )	37 (20.7)
TR severity, grade (n = 167/212) 1+, mild 2+, moderate 3+, severe 4+, massive	61 (36.5) 60 (35.9) 35 (21.0) 11 (6.6)
TAPSE, cm (n = 140/212)	$\textbf{15.9} \pm \textbf{4.3}$
LVEF, % (n = 157/212)	$49.6 \pm 14.1$
Systolic pulmonary artery pressure, mm Hg $(n = 141/212)$	$\textbf{39.3} \pm \textbf{14.8}$

### Novel Devices in Heart Failure

### Baroreceptor Activation Therapy



#### Physiologic target

Parasympathetic activation to quiet persistent sympathetic activation

#### **Target population**

Heart failure with reduced ejection fraction on optimal medical therapy

### Interatrial Shunt Device



### Physiologic target

Shunting of blood volume from left to right heart to relieve left atrial pressure

#### **Target population**

Heart failure (with or without LVEF) with elevated left atrial pressures

### Phrenic Nerve Stimulation



### Physiologic target

Phrenic nerve activation to reduce sleep disordered breathing

#### **Target population**

Central sleep apnea which is highly correlated with heart failure



J Am Coll Cardiol HF 2020;8:251-64

## **Safely Advance and Maneuver**



Bench test results may not necessarily be indicative of clinical performance.

<sup>1</sup>PINNACLE FLX 24 Month Results, Late Breaking Clinical Trial Presentation, Dr. Saibal Kar, TVT 2021,





## **PINNACLE FLX Trial Results**

PINNACLE FLX Trial met primary safety and efficacy endpoints and demonstrated high procedural success and DOAC discontinuation at 45-day follow-up<sup>1</sup>

0.5%

Event Rate

100%

LAA Closure

98.8%

Procedural Success

96.2%

**DOAC** Discontinued

Met Primary Safety Endpoint Met Primary Efficacy Endpoint

Procedural Success DOAC Discontinuation at 45-Day Follow-up

WATCHMAN



36 в





### Post-Implant Drug Regimen

### Post Procedure Therapy

### **Destination Therapy**



\* Any P2Y12 inhibitor and ASA

\* At TEE, if leak >5mm, patients remain on OAC + ASA until seal is documented (leak < 5mm), skipping the P2Y12 inhibitor + ASA pharmacotherapy





SH-603802-AC

## WATCHMAN Therapy Candidates

What type of LAAC candidates are you referring today?

### CHA2DS2-VASc of $\geq$ 2 (or CHA2DS2-VASc of $\geq$ 3 for Medicare patients)





## **Personalized Approach to Addressing Patient Goals**

### Costs / Burden:

- Financial Burden
- Caregiver Burden
- Opportunity Cost

#### Expected Survival:

- Risk Score Assessment
- Institutional Experience
- Comorbidities

Outcomes Most Relevant To A Given Patient

### Quality of Life:

- Physical Symptoms
- Emotional Wellbeing
- Functional Status

#### End of Life Preferences:

- Advanced Directives
- End of Life Plan
- Palliative Care



J Am Coll Cardiol HF 2020;8:523-36

# Conclusion

- 1. CAD intervention: mature, precision, selection
- 2. Transcatheter aortic valve intervention: mature
- 3. Mitral valve intervention: evolving new devices and indications

4. Tricuspid valve intervention: understanding the pathology and development of new therapy

- 5. Heart failure: GDMT, new concept, LV mechanical remodel, VAD
- 6. Appendage occlusion: mature, community acceptance





